

BREAK FAST



Eggs on Toast 15 (DF/GF On req)

Turkish Pide Bread, Eggs Your Style, House-Made Whipped Honey Butter, Tomato Chutney.

Granola 18 (VG/DF)

House-made Granola with Coconut Yoghurt, Seasonal Fruits, Berry Compote

Mince on Toast 26 (DF/GF On req)

Turkish Pide, House made beef mince, Poached Egg, Parsley

The classic Bene 26

Split Muffins, Hashbrowns, Baby spinach, Hollandaise, Poached Eggs, Sesame Seeds, Choice of Mushroom/Bacon/Halloumi/Merguez Sausages /Salmon extra - 2

Potato Dauphinoise Bene 26

Baby Spinach, Hollandaise, Poached Eggs, Sesame Seeds, Choice of Mushroom/Bacon/Halloumi/Merguez Sausages /Salmon extra - 2

Nature's Bene 26 (VG/DF)

Turkish Pide, Baby Spinach, Tofu, Falafel, Beetroot Hummus, Sesame seeds

The Green Smash 26 (VG/V/DF/GF On req)

Sourdough, Smashed Avocados, Marinated cherry tomatoes, Pickled onions, Feta, Sesame seeds, Garden greens, Poached eggs

Salmon Bagels 28

Turkish bagels with Garlic Herb Cream Cheese, Salmon, Tomato, Garden Greens, Capers, Pickled Onion, Poached Egg

Creamy Mushrooms 27

Turkish Pide Bread, Mushrooms in Shallots, Garlic Creamy Blue Cheese Sauce, Poached eggs

Shakshuka 27 (VG/V/DF/GF On req)

Turkish Pide Bread, Slow-Cooked Tomato-Onion-Capsicum, Cheese, Parsley, Baked Eggs

French Toast Deluxe 28

Brioche Toast, Caramelized banana, Seasonal Fruits, Bacon, whipped cream, Milky Drizzle

Pancake Royale

House-made Pancakes, Seasonal fruits, Berry compote, Whipped Cream, Maple Syrup
Add bacon \$3

Three Eggs Omelette 27 (DF/GF On req)

Turkish Pide bread, Mushrooms, Tomatoes, Spinach, Cheese
Add bacon \$3

T & T Biggy 32

Turkish Pide Bread, Grilled Tomato, Baked Beans, Bacon, Merguez Sausages, Mushrooms, Hash Browns, Seasonal Fruits, Eggs your style.

LUNCH



Bread & Dips 18 (V)

Turkish Pide Bread, Beetroot Hummus, Labneh, Olives

Island Prawns 27 (DF On req)

Sourdough bread, Juicy Prawns Simmered in spiced coconut cream, Cherry tomatoes, Garden Greens

Garden Green Glow 28 (VG/DF/GF On req)

Chef's Garden Salad, Tomatoes, Cucumber, Capsicum, Croutons, Candied Walnuts, Feta, Olives
Choice of: Chicken / Lamb / Halloumi / Calamari /Falafel

The Mediterranean Noon 29 (VG/DF On req)

Zesty Bulghur Rice, Beetroot Hummus, Tomato-Capsicum Salsa, Feta, Flat bread
Choice of: Chicken / Lamb / Halloumi/ Beef/ Falafel

Chicken Sandwich 28

Focaccia Bread, Grilled Chicken steak, Garden Greens, Tomato, House-made Chutney, Chipotle Aioli, Fries.

Ruben Sandwich 29

Focaccia Bread, Slow-Cooked Beef Brisket, Garden Greens, Tomato, Cheese Sauce, Aioli, Fries.

Tangy Beef Meatballs 30 (DF/GF On req)

Turkish Pide Bread, Beef Meat Balls in House-Made Brava Sauce, Roasted Seasonal Vegies, Labneh

Fettuccine 32

Pasta Tossed with Chicken, Bacon in Creamy Garlic Sauce, Parmesan

BBQ RIB FEAST 30

Pork ribs, Polenta, Parmesan chips
bbq sauce, salad

Kebab Plater 28 (DF/GF/VG On req)

One Grilled Skewer, Labneh, Beetroot Hummus, Salad, Fries & Flat Bread
Choice of: Chicken / Beef / Halloumi / Falafel / Pulled Lamb extra - 2

Fish & Chips 28 (DF)

Beer Battered Fish, Fries, Tartare Sauce, Chef's Garden Salad.



TOAST & TONIC BURGERS



Veggie Burger 26 (VG ask staff)

Brioche Burger Bun, House-made Veg Pattie, Gherkins, Salad, Tomato, Chipotle Aioli, Beetroot Hummus.

Chicken Burger 28

Brioche Burger Bun, Fried Chicken, Salad, Chipotle Aioli, Pickled onion, Tomato, Cheese Sauce, Fries.

Beef Burger 28

Brioche Burger Bun, Slow-cooked Brisket, Cheese, Salad, Tomato, Onion Jam, Aioli, Fries.

Lamb Burger 28

Brioche Burger Bun, Pulled Lamb, Salad, Tomato, Gherkins, Labneh, Fries.

PLATTERS

T & T Carnivore Board 70

Chicken Skewer, Beef skewer, Fried chicken, Pulled lamb, Beef Meatballs, Chef's Garden Salad, Pickles, Dips, Flat bread

T & T Platter 46

Turkish Pide, Cauliflower Fritters, Calamari, Dips, Garden Greens, Pickles, Feta, Olives, Fries
Add 2 House Beer or wine - 15

FRIES

Hand-cut fries - 10

Curly Fries - 12

Loaded Fries - 16

Chicken, Cheese, Chipotle Aioli



TOAST & TONIC CAFE

SIDES



Bacon	8
Merguez Sausages	10
Eggs	6
Grilled Tomatoes	6
Hollandaise	3
Hashbrowns	6
Turkish Pide Bread	6
Flat bread	3
Falafel	10
Smashed Avocados	6
Salmon	12
Halloumi	12
Small dips	4
Spinach	6
Potatoes Dauphinoise	6
Greek Salad	14
Grilled Mushroom	8
Chicken Skewer	10
Beef Skewer	10
Pulled Lamb	12

V | Vegetarian
VG | Vegan
DF | Dairy Free
GF | Gluten Free

We will take all reasonable steps to accommodate your dietary needs; however, we cannot guarantee that the ingredients used will be allergen-free.

COFFEE

Espresso	5
Americano	5
Long black	5
Piccolo	5.5
Machiato	5.5
Flat White	6 7
Cappuccino	6 7
Mochaccino	6.5 7.5
Hot Chocolate	6 7
Latte	6 7
Chai Latte Sweet/Spicy	6 7
Dirty Chai	7 8
Matcha / Turmeric Latte	7 8

Note: (All coffees served as standard double shot).



TEA

English Breakfast	6.5
Peppermint	6.5
Earl Grey	6.5
Green Tea	6.5
Ginger Lemon	6.5



ICED DRINKS

Ice Americano	6
Ice Latte	9
Ice Mocha	10.5
Ice Chocolate	10.5
Iced Tea	9

Add \$1

Decaf

Whipped Cream

Alternative Milk: Almond/Coconut/Soya/Oat

Flavors: Vanilla/Hazelnut/Caramel

JUICE

Orange/Pineapple/Apple/Cranberry/Mango 8

SOFT DRINKS

Coke/Zero Sugar Coke/Lemonade/Ginger ale	6
Sparkling /Still Water (500 ml)	8

SMOOTHIES

Green Smoothie Avocado, Banana, Spinach, Coconut Water, Vanilla	12
Nutri Nest Smoothie Pumpkin Seeds, Flax seeds, Sunflower Seeds and Chia Seeds, Milk	12
Mango Smoothie Mango, Yoghurt, Milk, Vanilla	12
Nutty Banana Smoothie Banana, Peanut butter, Vanilla, Yoghurt and milk	12
Berry Lovers Blue Berry, Strawberry, Blackberry, Raspberry Yoghurt and Milk	12



MOCKTAILS

Minty Lemon Splash: Mint, Lemon juice, Simple Syrup, Lemonade	12
Pineango Zest: Mango, Pineapple, Lemon, Lemonade	12
Island Affair: Feijoa, Passionfruit, Soda Water, Sugar Syrup	12
Berry in Love: Strawberry Juice, Rose Water, Lemonade	12

BEER, RTD AND CIDERS

Asahi On Tap (5%)	13
Corona (4.5%)	12
Carlsberg	12
Peroni Astro Azzurro (5%)	12
Heineken 0.0%	10
Long white Raspberry Vodka (4.8%)	10
Somersby Apple Sparkling Cider (5%)	10
Somersby Blackberry Cider (4.5%)	10
Somersby Pear Cider (4.5%)	10

TEQUILA

Jose Cuervo	14
House Tequila	12

COCKTAIL

Devil's Margarita Tequila, Triple Sec, Lime Juice, Simple Syrup, Red Wine	16
Sky City Sunset Mango Juice, Raspberry Vodka, Orange Juice, Raspberry Tea	16
Espresso Martini Vodka, Espresso, Baileys, Kahlua, Simple syrup	16
Long Island Iced Tea Vodka, white Rum, Gin, Tequila, Triple Sec, Lemon Juice, Simple Syrup, Coca-Cola	19.50
Sangria jug 1ltr Lemon Juice, Simple Syrup, Pineapple/orange/mango juice, Angostura Bitters, Red wine/White wine, Lemonade, Bacardi 80ml	29.5
Limoncello spritz Limoncello, Prosecco, Soda Water, Lime Juice	16
Bloody Mary Worcestershire, Vodka, hot sauce, Tomato Juice, lime juice	19.5
Aperol Spritz Aperol, Prosecco, Soda Water, Lime Juice	16
Mojito Lime juice, mint syrup, white rum, soda or Lemonade	16
Mimosa Orange juice, prosecco	10



VINEYARD SELECTION

	Glass	Bottle
Maude Pinot Noir – Central Otago	24	120
Chard Farm Pinot Noir – Central Otago	20	100
19 Crimes Pinot Noir	11	50
Aces and Arrows Syrah	15	72
Church Road Grand Res Cabernet Sauvignon Merlot	24	20
Astrolabe Sauvignon Blanc – Marlborough	15	72
19 Crimes Sauvignon Blanc	11	50
Stoneleigh Wild Valley Pinot Gris – Marlborough	12	60
Peregrine Pinot Gris Central Otago 25	17	85
Blue Nun 22k Gold Edition	12	60
Cinzano Prosecco	11	54
Ruffino Lumina Prosecco – Italy	12	60
Tipping Point Winging It Prosecco	13	67

VODKA

Smirnoff vodka	10
Finlandia vodka	10

GIN

Bombay Sapphire	12
Seagers	10
Scapegrace	13

RUM

Bacardi	11
Appleton	13

WHISKEYS

Glenfiddich	13
Jack Daniels	12
Jameson	12

